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Eligible Expenses

We have included information on commonly claimed expenses below. If you are unable to find what you are seeking here or elsewhere on the site, please contact us.

NOTE, all "potentially eligible expenses" require a letter of medical necessity (https://webdocs.asiflex.com/Medical_Ness_Forms/samplemednecletter.pdf) from your health care provider in order to be considered eligible for reimbursement. The letter must include the diagnosis for which you, your spouse or dependent are being treated, along with specific information on how the product or service is intended to alleviate symptoms or improve function. The letter will remain on file one year from the date written.

Health Care Dependent Care

Condition/Type Of Service	Eligible	Additional Information
A		
Abortion	Yes	Expenses for operations that are not legal do not qualify.
Acupuncture	Yes	
Adaptive Equipment	Potentially	Adaptive equipment for a major disability, such as a spinal cord injury, can be reimbursed. Adaptive equipment to assist you with activities of daily living can be reimbursed.
Adoption Fees	No	Medical Expenses incurred by your adopted child who is claimed as a dependent are eligible. Care must be for the adopted child and incurred while the child qualifies as your dependent. Your child's medical care expenses are eligible only during the adoption process as long as the child qualifies as your dependent.

Condition/Type Of Service	Eligible	Additional Information
Air Conditioners/Air Purifiers	Potentially	Covered with a letter of medical necessity.
Alcoholism/Drug /Substance Abuse Treatment	Yes	<p>Eligible expenses include</p> <ul style="list-style-type: none"> • Inpatient treatment, including meals and lodging provided by a licensed addiction center; • Outpatient care; and • Transportation expenses associated with attending outpatient meetings, including AA groups, if attending on a doctor's advice. <p>If court-ordered treatment, a letter of medical necessity will be required.</p>
Allergy Products	Potentially	<p>Eligible expenses include products and home improvements to treat severe allergies. Examples include:</p> <ul style="list-style-type: none"> • Electro-static air purifier • Humidifier • Home air conditioners • Pillows, mattresses covers, etc to alleviate an allergic condition. If used to treat or alleviate a specific medical condition, only the excess cost of the specialized products over the cost of a regular/like item will qualify. <p>Note see: Capital Expenses (https://webdocs.asiflex.com/Capital_Expense/CapitalExpenseWorksheet.doc) for important information and guidance.</p>
Alternative Healers	Potentially	<p>Nontraditional healing treatments provided by professionals may be eligible if provided to treat a specific medical condition. The treatments must be legal. And the expenses do not qualify if the remedy is a food or substitute for food that the person would normally consume in order to meet nutritional requirements. Drugs and medicines recommended by alternative healers to treat a specific medical condition also can qualify as medical care, although drugs and medicines incurred after December 31, 2010 must be prescribed by an individual legally authorized to issue prescriptions in the applicable state in order to qualify.</p>
Alternative Medicine	Potentially	<p>Services must be prescribed and rendered by a licensed health care provider to treat a specific illness or disorder.</p>
Ambulance	Yes	

Condition/Type Of Service	Eligible	Additional Information
Artificial Reproductive Technologies	Potentially	<p>Will qualify to the extent that procedures are intended to overcome an inability to have children due to medical reasons and are performed on you, your spouse or your dependent. Eligible medical expenses include (but are not limited to):</p> <ul style="list-style-type: none"> • Fertility exams • Artificial insemination (intracervical, intrauterine, intravaginal) • In-vitro/In-vivo fertilization • Gamete Intrafallopian Transfer (GIFT) • Sperm bank storage/fees for artificial insemination. <ul style="list-style-type: none"> *Note: Storage fees can only be submitted for planned fertilizations during the current plan year. • Sperm implants • Sperm washing • Reverse vasectomy <ul style="list-style-type: none"> ◦ Embryo replacement and storage. *Note: Storage fees can only be submitted for planned fertilizations during the current plan year. • Egg donor charges for recipient • Embryo transfer <p>See Fertility Treatments for more information.</p>
Automobile Modifications	Potentially	See Adaptive Equipment above.
B		
Baby Formula	Potentially	If your baby requires a special formula to treat an illness or a disorder, the difference in cost between the special formula and routine baby formula can be reimbursed.
Band-Aids/Bandages	Yes	
Bed Wetting Alarm	Potentially	Covered for children 5 years of age or older.
Bedboards	Potentially	
Bedside Commodes	Yes	
Birth Control	Yes	
Blood Pressure Monitors	Yes	

Condition/Type Of Service	Eligible	Additional Information
Blood Storage	Potentially	Blood storage is an eligible expense if you are storing blood for use during scheduled elective surgery. Storage fees should not exceed six months.
Body Scans	Yes	
Boutique Practice Fees	No	Monthly or annual fees that your provider may charge for improved access and more personalized care are not considered medical care and cannot be reimbursed.
Braille Books and Magazines	Yes	The incremental cost of Braille books and magazines that exceeds the price for regular books and magazines is an eligible expense.
Breast Pumps	Yes	This includes lactation supplies.
C		
Capital Expense	Potentially	<p>A capital expense (permanent or portable) can be reimbursed if its purpose is to provide medical care for you, your spouse or dependent.</p> <p>Expenses for improvements or special equipment added to your home can be reimbursed if the main purpose of the item is medical care. How much is reimbursed depends on the extent to which the expense permanently improves the property and whether others benefit.</p> <p>The amount paid for the improvement is reduced by the increase in the value of your home or property. The difference between the cost of the improvement minus the increased value equals the eligible expense.</p> <p>If the value of your home or property is not increased by the improvement, the entire cost is an eligible expense. Use the Capital Expense Worksheet (https://webdocs.asiflex.com/Capital_Expense/CapitalExpenseWorksheet.doc) to determine if your expense is eligible.</p>
Childbirth Classes	Yes	Expenses are eligible for the woman who is having the child. Expenses for the spouse or partner attending the class with the pregnant woman are not eligible.
Chiropractic Care	Yes	
Christian Science Practitioners	Yes	
Cialis	Yes	
Circumcision	Yes	A bris performed in the home by a Rabbi is not an eligible expense.
COBRA Premiums	No	
Co-Insurance	Yes	

Condition/Type Of Service	Eligible	Additional Information
Companion Animals	Yes	Expenses to train or procure any guide dog, signal dog, or other animal individually trained to provide assistance to you, your spouse or dependent with a disability can be reimbursed under a Health Care Flexible Spending Account.
Compression hose/socks (includes diabetic socks)	Yes	
Concierge Medical Care	Potentially	The cost of joining such a program is not reimbursable such as monthly or annual fees. However, actual care (i.e., physical exam, office visit, etc.) provided by physicians belonging to such programs would be covered when billed after such care is provided -- so long as it is not unreasonably expensive and so long as it has not and will not be reimbursed from other health plan coverage.
Contact Lenses	Yes	
Co-Payments	Yes	
Cord Blood Storage	Potentially	Can be reimbursed if there is a specific medical condition that the cord blood is intended to treat. Indefinite storage "just in case" is not an eligible expense.
Corneal Ring Segments	Yes	
Cosmetic Procedures or Drugs	Potentially	Cosmetic procedures to improve or enhance appearance are not eligible. A cosmetic procedure, service or prescription drug necessary to improve a deformity arising from a congenital abnormality, personal injury from accident or trauma, or to restore proper function of the body related to treatment for another medical diagnosis or condition can be reimbursed.
Counseling	Yes	If counseling is provided to treat a medical or mental diagnosis and is rendered by a licensed provider, the expense is eligible. Life coaching, career counseling and marriage counseling do not qualify.
Crowns	Yes	
Crutches	Yes	
D		
Dancing Lessons	Potentially	Only for a short duration and if prescribed for a specific medical condition, such as a rehabilitation program after surgery.

Condition/Type Of Service	Eligible	Additional Information
Dental Care	Yes	Covered services include bridges, cleanings, crowns, dental implants, dentures, extractions, fillings, orthodontia, periodontal services, sealants and x-rays. Expenses for cosmetic dentistry are not covered.
Diabetic Shoes	Potentially	Won't qualify if used for personal or preventive reasons. If used to treat or alleviate a specific medical condition, only the excess cost of the specialized shoes over the cost of regular shoes will qualify. To show that the expense is primarily for medical care, a note from a medical practitioner recommending the item to treat a specific medical condition is normally required.
Diabetic Supplies	Yes	
Diaper Rash Creams	Potentially	
Diapers	No	
Doulas	Potentially	If the doula is a licensed health care professional who renders medical care, his or her fees can be reimbursed.
Drug Addiction	Yes	Eligible expenses include inpatient treatment, outpatient care and transportation expenses associated with attending outpatient treatment. If court-ordered treatment, a letter of medical necessity will be required.
E		
Ear Plugs	Potentially	Must be prescribed to treat a specific medical condition such as the presence of middle/inner ear tubes.
Education	Potentially	Payments made to a special school for a mentally impaired or physically disabled person qualify as reimbursable if the main reason for using the school is its resources for relieving the disability. This includes teaching Braille to a visually impaired person, teaching lip reading to a hearing impaired person, and giving remedial language training to correct a condition caused by a birth defect.
Electrolysis	No	
Ergonomic Items	Potentially	Requires a letter of medical necessity, and only the difference in cost between the purchased item(s) and a similar non-specialty item.
Eyeglasses	Yes	Includes prescription sunglasses and over-the-counter reading glasses. Product protection plans and clip-on sunglasses are not eligible for reimbursement.

Condition/Type Of Service	Eligible	Additional Information
F		
Fertility Enhancement	Yes	Includes ovulation predictor kits and pregnancy tests.
Fertility Treatments	Potentially	Will qualify to the extent that procedures are intended to overcome an inability to have children due to medical reasons and are performed on you, your spouse or your dependent.
Finance Charges	No	
First Aid Kit	Potentially	The first aid kit must be reasonably priced. NOTE: The method of achieving the intended medical result cannot be unreasonably expensive or lavish. The excessive-cost concerns are most prevalent in the cases involving personal purposes. Thus, if there is a less expensive way that the recommended treatment can be obtained, the excess expense might not be reimbursable. There is no requirement, however, that an employee choose the least-expensive alternative for treating a disease.
Fitness Programs	Potentially	Fees paid for a fitness program may be an eligible expense if prescribed by a physician and substantiated by his or her statement that treatment is necessary to alleviate a medical condition. Additionally, the affected individual must include a statement with his/her claim stating that "but for the medical condition" he or she would not have joined the fitness program.
Flu Shots	Yes	
Food	Potentially	Food is not normally an eligible expense unless the food is prescribed by a medical practitioner to treat a specific illness and does not substitute for normal nutritional requirements.
Funeral Expenses	No	
G		
Gift Cards	No	Gift cards are not an eligible expense, even if these cards are provided by a medical provider such as an eye glass store or pharmacy.
Glucosamine Chondroitin	Potentially	Will qualify if used primarily for medical care (for example, to treat arthritis). Won't qualify if used just to maintain general health. To show that the expense is primarily for medical care, a note from a medical practitioner recommending the item to treat a specific medical condition (for example, arthritis) is normally required.
Guide Dogs	Potentially	
H		
Hair Transplant	No	

Condition/Type Of Service	Eligible	Additional Information
Health Clubs/Gym Member	Potentially	Requires a Letter of Medical Necessity and a statement from the individual stating "but for" the medical condition listed in the letter of medical necessity, he or she would not have joined the health club/gym. You cannot be reimbursed for expenses that will be incurred in the future, even if payment is required in advance. In addition, the fees no longer qualify when treatment is no longer needed.
Health Screenings	Yes	
Hearing Aids	Yes	Hearing Aids and related expenses (such as fittings, exams to put them in place and batteries) are all eligible for reimbursement through the Flexible Spending Account.
Holistic or Natural Healers, Dietary Substitutes, and Drugs and Medicines	Potentially	
Home Medical Equipment	Yes	
Homeopathic Care	Potentially	Homeopathic care rendered by a licensed health care professional who provides this care for the treatment of a specific illness or disorder for you, your spouse or dependent can be reimbursed under a Health Care Flexible Spending Account.
Hormone Replacement Therapy	Potentially	
Humidifiers	Potentially	Requires a Letter of Medical Necessity if determined to be a Capital Expense. See Capital Expenses for more information.
Hydrotherapy	Potentially	
Hypnosis	Potentially	Could qualify if performed by a professional to treat a medical condition, or for other medical purposes (e.g., smoking cessation); won't qualify if for general stress relief, personal enjoyment, or other personal purposes. A note from a medical practitioner recommending it to treat a specific medical condition is required.
I		
Immunizations	Yes	Includes those recommended for overseas travel.
Insurance Premiums	No	Under IRS rules, insurance premiums cannot be reimbursed under a Health Care Flexible Spending Account (FSA). Some Health Reimbursement Arrangement (HRA) do allow insurance premium reimbursement. Please review the SPD for your employer.

Condition/Type Of Service	Eligible	Additional Information
L		
Lab Fees	Yes	
Lactation Consultant	Potentially	If a woman is having lactation problems and cannot breastfeed her child, then the expense of a lactation consultant helping to overcome this dysfunction might qualify. To show that the expense is primarily for medical care, a note from a medical practitioner recommending it to treat a specific medical condition is required.
Lamaze Classes	Yes	Expenses are eligible for the woman who is having the child. Expenses for the spouse or partner attending the class with the pregnant woman ARE NOT ELIGIBLE .
Laser Eye Surgery	Yes	
Lead Based Paint Removal	Potentially	Expenses for removing lead-based paints from surfaces in your home to prevent a child who has or has had lead poisoning from eating the paint can be reimbursed. These surfaces must be in poor repair and within a child's reach. The cost of repainting the affected area(s) is not an eligible expense. If you cover the area with wallboard or paneling instead of removing the lead paint, these items will be treated as capital expenses.
Learning Disabilities	Potentially	The portion of tuition/tutoring fees covering services rendered specifically for your child's severe learning disabilities caused by mental or physical impairments (such as nervous system disorders, or closed head injuries) and paid to a special school or to a specially-trained teacher may be reimbursed under a Health Care Flexible Spending Account if prescribed by a physician. Examples of eligible expenses include: <ul style="list-style-type: none"> • Remedial reading for your child or dependent with dyslexia; and • Testing to diagnose
Legal Fees	Potentially	Legal fees paid to authorize treatment for mental illness are eligible expenses.
Levitra	Yes	

Condition/Type Of Service	Eligible	Additional Information
Lodging	Potentially	<p>Up to \$50 per night is eligible if the following conditions are met:</p> <ul style="list-style-type: none"> • The lodging is primarily for, and essential to, medical care • The medical care is provided by a doctor in a licensed hospital or medical care facility related to/equivalent to a licensed hospital • The lodging is not lavish or extravagant • There is no significant element of personal pleasure or leisure in the travel. <p>Your companion's lodging can be reimbursed if he or she is accompanying the patient (you or your eligible dependents) for medical reasons and it meets the criteria listed above. Meals are not eligible for reimbursement.</p> <p>Example: Parents traveling with a sick child, up to \$100 per night (\$50 per person) may be reimbursed, as well as lodging and pre and post-hospitalization for bone marrow transplants.</p>
Long-Term Care Insurance Premiums	No	
Long-Term Care Services	No	
M		
Massage Therapy	Potentially	Therapeutic Massage treating a specific medical condition can be reimbursed under a Health Care Flexible Spending Account. The words "therapy" or "therapeutic" must be included in the description of the service and a letter of medical necessity must be provided. Gratuities are not reimbursable.
Maternity Clothes	No	
Medical Alert Bracelet	Yes	
Medical Records	Yes	Amounts paid to a plan that maintains electronic medical information for you, your spouse or dependents are eligible for reimbursement under an Health Care Flexible Spending Account.
Mileage Expenses	Yes	<p>To submit a claim for mileage expenses, please list the number of miles, the date of service and the dollar amount of the mileage expense you are claiming. The provider information should also be listed on the claim form.</p> <p>The standard mileage rate for use of an automobile to obtain health care will change from \$.19 per mile in 2016 to \$.17 per mile in 2017.</p>
Missed Appointment Fees	No	

Condition/Type Of Service	Eligible	Additional Information
Mouthwash	Potentially	The mouthwash can only be obtained with a prescription and a letter of medical necessity is needed.
N		
Naturopathic Care	Potentially	Naturopathic care rendered by a licensed health care professional who provides this care for the treatment of a specific illness or disorder for you, your spouse or dependent can be reimbursed under a Health Care Flexible Spending Account.
Newborn Nursing Care	No	Nursing services for a normal, healthy newborn are not an eligible expense.
Non-Covered Services	Yes	Medical care or services that are not covered under your major medical plan may be reimbursed under an Health Care Flexible Spending Account.
Nursing Care and Services (private duty nursing)	Potentially	<p>Nursing services are an eligible expense, whether provided in your home or another facility. The nurse need not be an R.N. or L.P.N., so long as the services rendered are of a kind generally performed by a nurse. These include services directly related to caring for and monitoring your, your spouse's or dependent's condition, including:</p> <ul style="list-style-type: none"> • Preparing and giving medication • Changing dressings and providing wound care • Monitoring vital signs • Assessing responses to prescribed treatments, and documenting those assessments in written notes <p>If the individual providing nursing services also provides household and personal services, only those charges related to actual nursing care are eligible expenses.</p>
Nursing Home	Potentially	<p>Expenses for medical care in a nursing home for you, your spouse and dependent(s), including meals and lodging may be reimbursed if the main purpose of the stay is to receive medical care.</p> <p>If the primary reason for confinement is personal (i.e., you or your spouse or dependent needs assistance with activities of daily living, safety issues, etc.), only the portion of the cost that is directly related to medical care or nursing services may be reimbursed.</p>
Nutritional Supplements	Potentially	Dietary, nutritional, and herbal supplements, vitamins, and natural medicines are not reimbursable if they are merely beneficial for general health. However, they may be reimbursable if recommended by a medical practitioner to treat a specific medical condition.

Condition/Type Of Service	Eligible	Additional Information
Nutritionist	Potentially	Nutritional services related to the treatment and guidance of a specific diagnosis or medical condition can be reimbursed.
O		
Occupational Therapy	Yes	
Optometrist	Yes	
Orthodontia	Yes	See Orthodontia Quick Reference Guide (https://webdocs.asiflex.com/OrthoExplainedCalculator.pdf) for more information.
Orthopedic Shoes	Potentially	Won't qualify if used for personal or preventive reasons. If used to treat or alleviate a specific medical condition, only the excess cost of the specialized orthopedic shoe over the cost of a regular shoe will qualify. To show that the expense is primarily for medical care, a note from a medical practitioner recommending the item to treat a specific medical condition is normally required.
Orthotic Inserts	Yes	Both custom-made and over-the-counter inserts are eligible for reimbursement.
Over-the-Counter Items and Supplies	Potentially	<p>Over-the-Counter medicines will require a prescription beginning January 1, 2011. See OTC Quick Reference Guide (https://webdocs.asiflex.com/Eligible_Expenses/ASIOTC.pdf) for more details.</p> <p>If eligible, claims must include a proper receipt.</p> <p>A proper receipt must contain all of the following information:</p> <ol style="list-style-type: none"> 1. Name of the item or service; 2. the date of purchase or service; and 3. the amount paid. <p>Note for over-the-counter items: If the receipt does not include this information, copy the label from the product or its packaging, circle the correct amount on the receipt, and submit this information with the signed claim form.</p>

Condition/Type Of Service	Eligible	Additional Information
Over-the-Counter Items and Supplies that are Dual Purpose	Potentially	<p>Dual purpose items (a product used to alleviate medical conditions but also used for general health) may be eligible but require a letter of medical necessity, only the difference in cost between the purchased item(s) and a similar non-specialty item and a proper receipt.</p> <p>A proper receipt must contain all of the following information:</p> <ol style="list-style-type: none"> 1. Name of the item or service; 2. the date of purchase or service; and 3. the amount paid. <p>Note for over-the-counter items: If the receipt does not include this information, copy the label from the product or its packaging, circle the correct amount on the receipt, and submit this information with the signed claim form.</p>
Ovulation Monitor	Yes	
Oxygen	Potentially	
P		
Parking Fees and Tolls	Yes	See Transportation below.
Patterning Exercises	Potentially	While these exercises are often done by family members, the expense to hire someone to perform patterning exercises is an eligible expense.
Penile Implants	Potentially	Amounts paid for implants may be eligible if the diagnosis of impotence is due to organic causes, such as diabetes, post-prostatectomy complications, or spinal cord injury.
Physical Therapy	Yes	
Pregnancy Aids	Yes	<p>Items that relieve or reduce the discomfort of pregnancy may be reimbursed under a Health CareFlexible Spending Account. Examples include:</p> <ul style="list-style-type: none"> • Maternity girdles • Elastic hosiery • Maternity support belts - does not include bands used to assist with fitting into pre-pregnancy clothing.
Pregnancy Tests	Yes	
Prescription Drug Discount Program	No	Fees paid to get access to drugs at a reduced cost are not eligible for reimbursement under a Health Care Flexible Spending Account. Actual costs paid for prescription drugs are an eligible expense.

Condition/Type Of Service	Eligible	Additional Information
Prescription Drugs	Yes	Eligible expenses include deductibles, co-payments or co-insurance as well as the costs for prescription drugs that may not be covered under your major medical plan, such as drugs that treat erectile dysfunction. HOWEVER , prescription drugs taken solely for cosmetic purposes do not qualify.
Prescription Drugs - IMPORTED	No	IRS regulations state that any drug imported into the United States by a consumer is not eligible for reimbursement under a Flexible Spending Account.
Preventive Care Screenings	Yes	If the tests are designed to assess symptoms of a medical diagnosis, they are eligible for reimbursement. Examples include clinic and home testing kits for blood pressure, glaucoma, cataracts, hearing, cholesterol, etc.
Propecia	No	Hair growth treatments are considered to be cosmetic and are not eligible for reimbursement.
Prosthetics	Yes	
Psychiatric Services and Care	Yes	
Psychoanalysis	Yes	
Psychologist	Yes	
R		
Radon Mitigation	Yes	If a physician requires radon mitigation in your home due to a medical condition caused or aggravated by an unacceptable level of radon, some expenses may be eligible. However, if the home's value is increased due to the mitigation, some or all of the expenses may not be reimbursable. Use the Capital Expense Worksheet to determine how much of the expense is eligible.
Reading Glasses	Yes	
Reflexology	Potentially	
S		
Sales Tax	Yes	
Service Animals	Yes	Expenses to train or procure any guide dog, signal dog, or other animal individually trained to provide assistance to you, your spouse or dependent with a disability can be reimbursed under a Health Care Flexible Spending Account.
Shipping and Handling	Yes	Shipping and handling charges for medical needs, such as mail-order prescriptions.

Condition/Type Of Service	Eligible	Additional Information
Smoking Cessation Products	Potentially	Products such as nicotine gum and patches will require a prescription from a medical doctor before being eligible.
Smoking Cessation Programs	Yes	
Sonicare Toothbrushes *See Toothbrushes	No	Toothbrushes will not qualify even if a dentist recommends special ones (such as electronic or battery-powered ones) to treat a medical condition like gingivitis. Toothbrushes are items that are used primarily to maintain general health - a person would still use one even without the medical condition. Thus, they are not primarily for medical care.
Speech Therapy	Yes	
Sperm/Egg Storage	Potentially	Fees for temporary storage might qualify, but only to the extent necessary for immediate conception. Storage fees for undefined future conception probably aren't considered to be for medical care. NOTE: Storage fees can only be submitted for planned usage during the current plan year.
Sterilization Procedures	Yes	
Sterilization Reversal	Yes	
Student Health Fee	No	
Substance Abuse Treatment	Yes	
Sunburn creams and ointments, medicated	Potentially	Will qualify if used to treat a sunburn (and not as regular skin moisturizers), but must be prescribed if incurred after December 31, 2010.
Sun-Protective Clothing	Potentially	Won't qualify if used to maintain general health or for other personal reasons. May qualify if used to treat or alleviate a specific medical condition (e.g., melanoma) and if the expense would not have been incurred "but for" the condition, but only the excess cost of the specialized garment over the cost of ordinary clothing will qualify. To show that the expense is primarily for medical care, a note from a medical practitioner recommending the item to treat a specific medical condition is normally required.
Sunscreen	Yes	
T		
Tanning Salon or Equipment	No	

Condition/Type Of Service	Eligible	Additional Information
Taxes	Yes	Taxes on medical services and products may be reimbursed under a Health Care Flexible Spending Account. This includes local, state, service and other taxes.
Teeth Whitening	No	Teeth whitening products or services to enhance the brightness of your teeth are cosmetic and cannot be reimbursed.
Telephone for Hearing Impaired	Yes	Expenses associated with purchasing or repairing special telephone equipment for you, your spouse or dependent with a hearing impairment are eligible for reimbursement under a Health Care Flexible Spending Account.
Television	Potentially	Expenses for equipment that displays the audio of television programming as subtitles for hearing impaired persons are eligible for reimbursement under a Health Care Flexible Spending Account. The eligible expense is limited to the cost that exceeds the cost of a non-adapted set.
Toothbrush	No	Won't qualify even if a dentist recommends special ones (such as electric or battery-powered) to treat a medical condition like gingivitis. Toothbrushes are items that are used primarily to maintain general health—a person would still use one even without the medical condition. Thus, they are not primarily for medical care.
Toothpaste	No	Won't qualify even if a dentist recommends a special one to treat a medical condition like gingivitis. Toothpaste is an item that is primarily used to maintain general health—a person would still use it even without the medical condition. Thus, it is not primarily for medical care. † But topical creams or other drugs (e.g., fluoride treatment) used to treat a dental condition would qualify, so long as they are primarily for medical care.

Condition/Type Of Service	Eligible	Additional Information
Transportation	Yes	<p>Car mileage, bus, taxi, and subway or train fare for travel to and from receiving medical care, including health care providers, hospitals and pharmacies can be reimbursed.</p> <p>Mileage incurred traveling to and from your medical provider is reimbursable through the Health Care Flexible Spending Account.</p> <p>To ensure your transportation claim is approved, be sure to submit your receipt(s) or an itemization of your travel with the claim that coincides with the service(s) rendered.</p> <p>In some cases, transportation expenses of the following persons may be reimbursed:</p> <ul style="list-style-type: none"> • A parent who must go with a child who needs medical care • A nurse or other person who can give injections, medications or other treatment required by a patient traveling to get medical care and who is unable to travel alone • Visits to see your mentally ill dependent, if part of a treatment plan
U		
UCR, Charges Above	Yes	Medical expenses in excess of your plan's usual, customary and reasonable (UCR) charges may be reimbursed under a Health Care Flexible Spending Account if the underlying expense is eligible.
Ultrasound, Pre-Natal	Potentially	An ultrasound ordered by your physician to monitor fetal growth, and/or to diagnose, treat or monitor a pregnancy-related condition is a covered expense under your Health Care Flexible Spending Account, even if your health plan does not provide reimbursement. An ultrasound not ordered or performed by a physician or other licensed professional, and/or not intended to diagnose, treat or monitor a pregnancy-related condition is not an eligible expense.
V		
Vasectomy	Yes	
Vasectomy Reversal	Yes	
Viagra	Yes	
Vision Care	Yes	
Vision Discount Programs	No	Fees paid to gain access to a vision network, or to a reduced fee structure are not an eligible expense under a Health Care Flexible Spending Account .
Vitamins	Potentially	See Over-the-Counter Items and Supplies above.
W		

Condition/Type Of Service	Eligible	Additional Information
Walkers	Yes	
Water Fluoridation	Potentially	
Waterpik	Potentially	
Weight Loss Programs	Potentially	Cannot include the cost of diet food or beverages in medical expenses because the diet food and beverages substitute for what is normally consumed to satisfy nutritional needs.
Well-Baby/Well-Child Care Visit	Yes	
Wheelchairs	Yes	
Wig	Potentially	The full cost of a wig purchased because the patient has lost all of his or her hair from disease or treatment.

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